Transition Health Care Assessment

The adolescent demonstrates knowledge of his/her health condition and its management by:

1. Being able to explain the etiology and pathophysiology underlying his/her medical condition. Yes  No  N/A
2. Describing long-term management and treatment regimen. Yes  No  N/A
3. Identifying actual or potential problems in adhering to treatment. Yes  No  N/A
4. Describing the use of prescribed medications. Yes  No  N/A
5. Stating the normal and abnormal pertinent laboratory values and diagnostic test results and their meaning. Yes  No  N/A

Adolescent engages in preventative health behaviors by:

1. Keeping appointment with a Primary Care Physician (PCP). Yes  No  N/A
2. Being current with immunizations and health care screenings. Yes  No  N/A
3. Abstaining from using alcohol, cigarettes, and drugs, and having unprotected sex. Yes  No  N/A
4. Taking adequate measures for self-protection such as wearing orthotics. Yes  No  N/A
5. Wearing Medi-Alert bracelet/necklace. Yes  No  N/A
6. Engaging in some form of regular exercise. Yes  No  N/A
7. Visiting dentist on a regular basis. Yes  No  N/A
8. Maintaining an oral hygiene program of brushing and flossing teeth. Yes  No  N/A
9. Recognizing early signs and symptoms of infections (URI, UTI). Yes  No  N/A

Adolescent demonstrates knowledge of emergency measures by:

1. Having reliable phone access at home. Yes  No  N/A
2. Keeping list of phone numbers of family and friends to call in urgent/emergency situations/matters. Yes  No  N/A
3. Keeping list of phone numbers of health and nonhealth emergency services, poison control center. Yes  No  N/A
4. Identifying the location of the nearest ER. Yes  No  N/A
5. Notifying the fire department of special needs and reviewing their emergency evacuations. Yes  No  N/A
6. Notifying utility companies of additional service needs. Yes  No  N/A
### Adolescent demonstrates understanding of his/her need for environmental modifications/accommodations by:

1. Having electrical modifications done for life support equipment (ventilator) or other durable equipment such as hover lift.  
   - Yes  
   - No  
   - N/A

2. Securing storage space for supplies and equipment.  
   - Yes  
   - No  
   - N/A

3. Having wheelchair ramps and modifications made for doors, tubs.  
   - Yes  
   - No  
   - N/A

4. Disposing of supplies (e.g., needles) properly and safely.  
   - Yes  
   - No  
   - N/A

### Adolescent demonstrates the ability to monitor his/her health condition by:

1. Knowing when to seek medical care.  
   - Yes  
   - No  
   - N/A

2. Identifying triggers for problems or flare-ups of medical condition.  
   - Yes  
   - No  
   - N/A

3. Being able to describe environmental risks affecting his/her medical condition (increased elevations, large crowds, airport scanners).  
   - Yes  
   - No  
   - N/A

### Adolescent demonstrates ability to manage his/her special health care needs by:

1. Keeping appointments with specialty care provider(s).  
   - Yes  
   - No  
   - N/A

2. Knowing when to order medications and supplies.  
   - Yes  
   - No  
   - N/A

3. Knowing when to replace durable equipment.  
   - Yes  
   - No  
   - N/A

4. Keeping extra/backup supplies or equipment.  
   - Yes  
   - No  
   - N/A

5. Demonstrating ability to manage attendant(s), home health aide(s), school aide(s), and interpreter(s).  
   - Yes  
   - No  
   - N/A

6. Demonstrating ability to hire and use personal attendants/assistants (PAS).  
   - Yes  
   - No  
   - N/A

### Adolescent demonstrates ability to communicate effectively by:

1. Seeking answers to health-related concerns.  
   - Yes  
   - No  
   - N/A

2. Being able to ask questions of providers.  
   - Yes  
   - No  
   - N/A

3. Obtaining appropriate communication devices/systems as needed.  
   - Yes  
   - No  
   - N/A

4. Making contact with teen/young adult support groups/camps.  
   - Yes  
   - No  
   - N/A

### Adolescent demonstrates ability to access community resources by:

1. Locating resources in the community.  
   - Yes  
   - No  
   - N/A

2. Demonstrating ability to access community resources.  
   - Yes  
   - No  
   - N/A

3. Accessing community transportation as need arises.  
   - Yes  
   - No  
   - N/A

4. Providing school nurse with relevant health care information such as medication schedule during school hours, necessary treatments, and conditions that require monitoring.  
   - Yes  
   - No  
   - N/A

(continues)
Adolescent demonstrates responsible sexual activity by:

1. Identifying high-risk situations for exploitation and victimization.  
   Yes  No  N/A
2. Being able to provide reliable sexual history (e.g., nature/level of sexual activity, previous pregnancies, number of partners, STDs, exposure to HIV).  
   Yes  No  N/A
3. Describing how an STD affects and is affected by the chronic condition.  
   Yes  No  N/A
   Yes  No  N/A

Adolescent demonstrates knowledge of need to obtain information and reproductive counseling by:

1. Knowing when to seek reproductive counseling.  
   Yes  No  N/A
2. Understanding the implications of pregnancy and timing of pregnancy in terms of age.  
   Yes  No  N/A
3. Considering the realistic challenges of becoming a parent.  
   Yes  No  N/A

Adolescent demonstrates ability to keep track of health records by:

1. Having copy of health records.  
   Yes  No  N/A
2. Ensuring adult provider has health records.  
   Yes  No  N/A
3. Having insurance card or copy.  
   Yes  No  N/A
4. Recording and keeping appointments for medical visits, dental care, and so on.  
   Yes  No  N/A

Adolescent demonstrates knowledge of health insurance concerns and issues by:

1. Identifying when eligibility terminates for health insurance coverage.  
   Yes  No  N/A
2. Budgeting or making arrangements for medically related expenses not covered by third party payer.  
   Yes  No  N/A
3. Applying for income assistance (SSI) and public financed health services.  
   Yes  No  N/A

Adolescent demonstrates knowledge of his/her accommodations as specified by law by:

1. Identifying need for school/work setting accommodations.  
   Yes  No  N/A
2. Contacting the college/university Office of Disabled Students.  
   Yes  No  N/A
3. Being able to describe rights as specified in Americans with Disabilities Act.  
   Yes  No  N/A
4. Accessing other community based agencies for services (e.g., social service, vocational rehabilitation).  
   Yes  No  N/A
Adolescent demonstrates ability to use transportation safely by:

1. Recognizing the limitations of driver’s license and ability to drive.
   
2. Knowing how to take bus, train, or other mode of public transportation.

3. Reading bus or other mode of transportation travel schedule.

4. Having the correct/sufficient amount of money for fare, pass, or auto usage.

5. Knowing the destination address, phone number, and general direction of where it is located.

6. Knowing etiquette according to mode of transportation (e.g., waiting one’s turn, getting up for elderly).

7. Being knowledgeable of and able to access local transportation (e.g., Dial-A-Ride, Access Van).

8. Being aware of safety concerns in traveling neighborhood and community routes.

9. Knowing length of travel time required and how it will impact scheduling of the day’s activities (e.g., when it will get dark, getting back in time for meals).

10. Knowing to avoid sitting next to passengers with colds, cough, and so on.

11. Being able to identify appropriate protective behaviors/interactions with strangers.

12. Carrying phone number of trusted individuals (friends/family) who can provide assistance if needed (e.g., missing last bus of day).

13. Always informing trusted individual(s) of where he or she is going and time of return.

PLEASE CIRCLE ONE

Yes No N/A

Yes No N/A

Yes No N/A

Yes No N/A

Yes No N/A

Yes No N/A

Yes No N/A

Yes No N/A

Yes No N/A

Yes No N/A

Yes No N/A