Use this tool to help a student explore their strengths, interests, preferences & needs with regards to postsecondary employment.

Thinking about what's important to me in the future around work

- What's important to me in the future around work?
- What am I good at?
- What have I tried?
- What work am I interested in?
- What support would I need?
- Where would I want to be in the future?
- Who can help?
- What do people like and admire about me?
- What do I not want to do?
These are the essential questions for students to consider when filling out the blank form to explore their postsecondary employment options.

Thinking about what's important to me in the future around work

Who can help?
- What sort of people I like around me?
- Qualities/attributes of a job coach?
- Colleagues?

Where would I want to be in the future?
- Next summer?
- 5 years time?

What do people like and admire about me?
- What do I like about myself?
- What others like about me?
- Qualities?

What's important to me in the future around work?

What support would I need?
- Getting ready in the morning?
- For work?
- Lunch/breaks?
- Getting to work?

What am I good at?
- Gifts?
- Talents?
- Skills?

What have I tried?
- Work experience?
- Saturday jobs?
- Responsibilities at home/school?

What work am I interested in?
- Noisy/quiet?
- What time of day?
- Indoors/outdoors?
- Sitting or physical/active?
- Working with other people?
- How many days?
- How long?
- Things I do in my spare time? For fun? Close to home or away?